




Relationships and Sexual Education - Malta



Rights 4U Live-in

- *An annual Children's Rights Live-in which ensures that "children are being given the opportunity to express their opinions, and that these are in fact considered".*
[Commissioner for Children Act 2003, Art. 9(b)]
- *The young participants in attendance make **new friends** whilst actively **learning about their rights** due to them under the UN Convention on the Rights of the Child.*

Rights 4U Programme

- *The interactive programme includes various activities in which children not only learn about their rights, but also actively explore and engage in discussions on their rights.*
- *Children are given the tools to stand up for their rights and to participate in matters of social concern, in such a way that they are empowered as active and independent members of society.*
- *The Live-in also focuses on personal development as the young people develop critical thinking skills and build social ties.*

Rights 4U Programme

- *This year's Rights 4U Live-in was dedicated to promoting **healthy relationships** particularly online relationships.*
- *The Programme consisted of various **games and activities** which enables the young people to get to know each other as well as **empower** them to engage in healthy relationships*
- *Issues discussed: cyber-bullying, sexting, grooming, digital footprint, recognising signs of unhealthy relationships..... A session was also held on **peer pressure** and finding the courage to say no.*

Participants



- *This year **25 participants** between the ages of 13 and 15 participated in the Rights 4U Live-in.*
- *The live-in was promoted in **different schools** in Malta and through social media. Most of the participants did not know each other beforehand.*
- *Young People in **Residential care** were specifically encouraged to participate.*

Internet safety

- *The Office of the Commissioner for Children is very committed to promoting the **safe use of the internet** amongst children, educators, parents and all other relevant stakeholders.*
- *The Office has formed part of the Safer Internet Centre – **BeSmartOnline!** for the past seven years. Apart from creating awareness, the Office is also responsible for ensuring child participation within the centre.*
- *In 2016, the Office also participated in a National Radio Campaign entitled '**Think before you click**' which brought together various stakeholders and consisted of a series of effective messages which were aired on the radio and targeted mostly parents/carers and educators.*



Thank you