



de Kinderombudsman.
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Relationship and sex education in the Netherlands

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Facts & Figures

	BOYS	GIRLS
Disapproves of two men kissing in public	2/8	1/8
Teen pregnancies	?	5/1000
Sexting: Sent pictures	1/8	
Sexting: received pictures	1/4	1/5
Use of contraceptives (16-20)	?	94%
Do they enjoy sex?	94%	90%
Sexual coercion	11%	2%
Children aged 9-12 who have seen porn	35%	

Source: Rutgers (2017). 'Sex below 25', De Kinderombudsman (2016).
'Children's rights monitor'



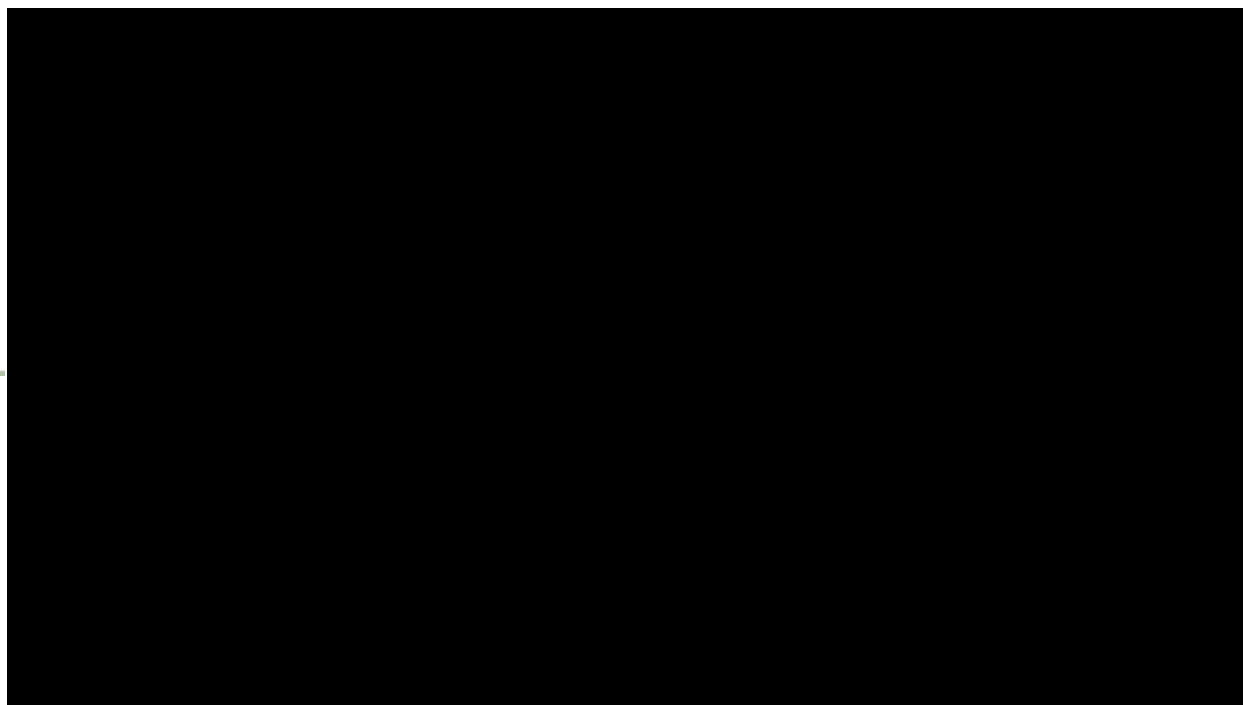
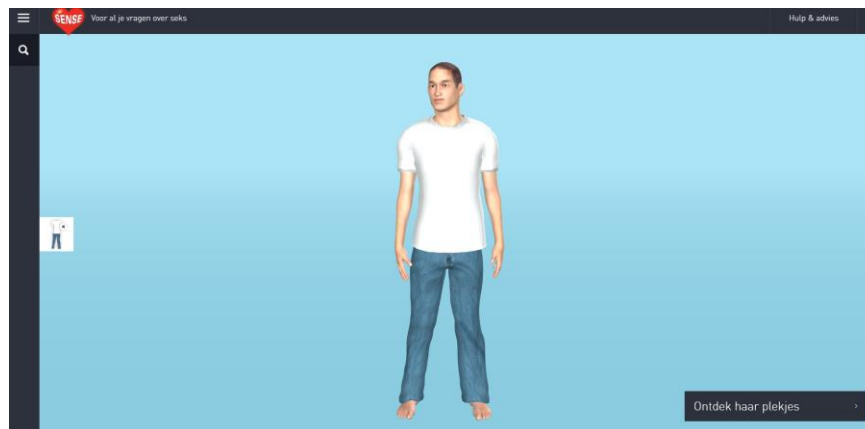
Best practices

- Since 2012, schools must offer some form of relationship and sex education
- Websites with high quality information, targeted at teenagers (sense.info, internetsoa.nl, infovoorjou.nl)
- High quality methods of relationship and sexuality education in schools
 - *Starting at a young age*
 - *Respect for different opinions, but room for discussion*
 - *From focus on protection/risks to broad education*



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Best practices





Issues (1)

- It is all up to schools
- Dissatisfaction with relationship and sex education in schools
- Focus on biological aspects
- Inspectorate of education: too incidentally, too little use of quality teaching materials and too dependent on individual teacher



Issues (2)

- LGBT children: teachers have trouble to address the topic of sexual diversity
- Professionals have insufficient knowledge of normal sexual development / signs of sexual abuse
- Vulnerable groups:
 - *Children with a migrant background (especially Turkish/Marrocán)*
 - *Children in institutions*
 - *Children with intellectual disabilities*